ANXIETY GROUP

6 WEEKLY SESSIONS 10/09 - 11/13 WEDNESDAYS 12:30PM - 1:30PM

FEELING OVERWHELMED BY ANXIETY?
YOU DON'T HAVE TO FACE IT ALONE
OUR ANXIETY SUPPORT GROUP WILL HELP YOU



SIGN UP

MUST BE REGISTERED BY 10/01/24 CALL 951-465-8371 TO REGISTER NOW



TEMECULA VALLEY CAMPUS 5TH FLOOR: TA-501

ANXIETY GROUP

6 WEEKLY SESSIONS 10/08 - 11/12 TUESDAYS 12:30PM - 1:30PM

FEELING OVERWHELMED BY ANXIETY?
YOU DON'T HAVE TO FACE IT ALONE
OUR ANXIETY SUPPORT GROUP WILL HELP YOU



SIGN UP

MUST BE REGISTERED BY 10/01/24

CALL 951-465-8371 TO REGISTER NOW



MENIFEE VALLEY CAMPUS BLDG 400 - ROOM 484